



### What if I disenroll or am no longer eligible for the Horizon**bFit** program?

Eligibility for the program is based on members remaining enrolled in an eligible Horizon BCBSNJ health plan, and on Horizon BCBSNJ offering the fitness reimbursement benefit. If, at any time, Horizon BCBSNJ cancels **Horizon**bFit****, you will be notified and no future rewards will be earned. If you were actively covered by Horizon BCBSNJ in the month(s) in which you qualified for rewards, your account will be fully credited.

### Can I cancel my enrollment in the Horizon**bFit** program at any time?

Yes, you can. There is no obligation to stay enrolled in **Horizon**bFit****. You can cancel your enrollment in **Horizon**bFit**** at any time with 30 days written notice to Advanta Health Solutions.

Horizon**bFit**

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It pays to be fit with

**Horizon**bFit****<sup>SM</sup>

The rewards are endless when you exercise on a regular basis. You'll be healthier, feel better and have more energy to make the most out of each and every day!



Horizon Blue Cross Blue Shield of New Jersey is making regular exercise even more beneficial for you with **Horizon**bFit****, the program that *pays you back* when you stay on track to achieve your fitness goals.

#### Benefits that add up!

When you enroll in **Horizon**bFit****, you become eligible to receive a \$20 reimbursement for every month that you visit your selected fitness facility 12 days or more. That means that you can earn up to \$240 a year in rewards when you exercise regularly.

#### Enrolling is free and easy to do!

Simply visit **Horizon**bFit**.com** to:

- Verify your eligibility
- Select a participating fitness facility
- Set up your secure account



Once your online enrollment is confirmed, you'll start earning a \$20 reward for every month you visit your selected fitness facility for 12 days or more. **Horizon**b**Fit makes getting regular exercise affordable, convenient and more rewarding for you!**

## Frequently Asked Questions

### What is Horizon**b**Fit?

**Horizon**b**Fit** offers reimbursements of \$20 per month to members who enroll in **Horizon**b**Fit** and visit a participating fitness facility at least 12 days a month. **Horizon**b**Fit** is offered to people ages 18 years or older who are enrolled in an eligible Horizon Blue Cross Blue Shield of New Jersey health plan that participates in the program. Horizon BCBSNJ makes this program available through Advanta Health Solutions, an innovative health and fitness provider that develops and manages physical activity programs to help people live healthier.

### Why is Horizon BCBSNJ offering Horizon**b**Fit?

Horizon BCBSNJ is committed to helping you improve your health. **Horizon**b**Fit** can help you maintain a healthier lifestyle by providing incentives that make it easier and more affordable for you to exercise regularly. Research shows that regular physical activity can help you reduce your risk for several diseases and health conditions, maintain a healthy weight, and improve your overall quality of life.

### How do I find out if I am enrolled in an eligible Horizon BCBSNJ health plan that participates in Horizon**b**Fit?

Your benefits administrator or Human Resources department will be able to confirm if your Horizon BCBSNJ health plan participates in **Horizon**b**Fit** and if you are eligible.

### Are my family members eligible?

If you are eligible for **Horizon**b**Fit**, your family members who are 18 years or older and covered under your Horizon BCBSNJ insurance are also eligible.

### How do I find a participating fitness facility?

To find a participating fitness facility, visit **Horizon**b**Fit.com**. Once your eligibility is verified, you can search the network of participating fitness facilities by ZIP code.

### What if I am already a member of a participating fitness facility?

If you are currently a member at a participating fitness facility, then you just need to complete the enrollment form at **Horizon**b**Fit.com**, establish your **Horizon**b**Fit** account and link it to a major credit or debit card. Your existing membership privileges will remain unchanged and you will continue to pay your membership fees directly to your fitness facility. Your reimbursement(s) will be posted to the credit or debit card associated with your **Horizon**b**Fit** account.

### What if I am already a member of a fitness facility that is not participating?

Horizon BCBSNJ and Advanta Health Solutions want to make it as easy and convenient as possible for you to take advantage of **Horizon**b**Fit**. If you are currently a member of a fitness facility that is not part of the network, you may nominate the facility by completing an online form at **Horizon**b**Fit.com**. An Advanta representative will contact the facility on your behalf and make every effort to bring the facility into the Advanta Fitness Network. Advanta Health Solutions will notify you of your fitness facility's decision.

### What if I don't currently have a fitness facility membership?

You can search participating fitness facilities by visiting **Horizon**b**Fit.com**. Thousands of fitness facilities participate in **Horizon**b**Fit** through Advanta Health Solutions.

### Does it cost me anything to enroll in Horizon**b**Fit?

No. Member enrollment in **Horizon**b**Fit** is free. However, you must be a member of a participating fitness facility and be current with your membership dues to be eligible to receive reimbursements.

### How is my attendance tracked at my fitness facility?

Your selected fitness facility will provide you with an identification card that you must swipe each time you visit your facility. Your attendance record is captured at your fitness facility and transmitted electronically to your **Horizon**b**Fit** account at the end of each calendar month. After your fitness facility reports member visits at the end of each month, you can track your prior month's visits online by accessing your personal **Horizon**b**Fit** account.

### Do I need to submit paperwork to receive my reimbursements?

No. At the end of every month, your attendance data is transmitted to your **Horizon**b**Fit** account. If you have met the attendance goal, your reimbursement will be credited to your account within 60 days. You will receive an email when reimbursements are issued.

If you have questions about your monthly attendance, you may contact Advanta Health Solutions Customer Service by email at [memberservices@advantahealth.com](mailto:memberservices@advantahealth.com) or call toll-free at **1-855-252-6026**, extension **1**, Monday through Friday, between 9 a.m. and 5 p.m., Eastern Time.

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